Jane Faulkes Bsc (Chiro) MMCA PgDip Nut Ther 07761 001814
McTimoney Chiropractic and Nutritional therapy/Nutritionist jane@janefaulkes.co.uk

Highworth Holistic Health, 26 Newburgh Place, Highworth, SN6 7AW

Covid – 19 statement

This statement sets out the How, Why and What about how I am working during the Covid-19 pandemic.

As the Covid -19 pandemic continues to unfold globally, this statement is written with relation to current PHE/Government regulations, and are subject to change in response to any alteration in current Government regulations.

As of June 2020, Statutory Instrument 350 states that chiropractors are able to remain open throughout lockdown, and people may travel to and from chiropractors for treatment.

I have made significant changes to the way that I run my business, which are outlined below.

You should be aware that I have teenage children, with whom I live. We regularly have conversations about social distancing, and their health status and that of their friends. I monitor my own health closely, and take my temperature daily before starting work. In the case of any symptoms of my own, I would take appropriate action.

Before you come in, I need to establish that you are not suffering with, nor have recently been exposed to Covid-19. I will ask about your health, recent travel history, and ask you to read the risk assessment sheet, also attached to this email.

When you get here for your face to face appointment, please ring me on the clinic landline **01793 763781** before you come on site, so that I can ask you your triage questions. Once you are invited to come on site, I will take your temperature. As long as you have a temperature of under 37.8degrees C, we can proceed to treatment.

I have the PHE Covid Tracker in reception, if you are taking part in that, please scan upon your arrival. As part of the Track/Trace, if I become C-19 positive, you will count as my contacts and I will have to give your contact details to Track/Trace if I saw you during the 7 days prior to displaying symptoms. This is one of the reasons why I wear 4 part PPE and insist that everyone on site here wears a face mask. This will minimise the chances of anyone here contracting or disseminating C-19.

The usual one session new patient appointment lasting one and a half hours, has been replaced by a telephone consultation at which I take your record card, then as soon as possible after that, your face to face assessment and treatment. For the record card, **please telephone me at the agreed time on the clinic landline – 01793 763781**. Please allow around 45 minutes per element.

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When you come into reception at the clinic, there is hand sanitiser on the table which I would like you to use before you come through the security door into the treatment rooms.

If you have a facemask, please bring it and wear it whilst you are on site. If you don't have one, I can put one in reception for you. I will charge you £1 if you need to use one of my masks.

I no longer use a towelling couch cover, please bring/wear shorts and a tshirt or something similar to be treated in, as the couch vinyl is cold and one tends to stick to it, notwithstanding the couch paper that I do use. Alternatively, you are welcome to bring your own towel to lie on.

I will be wearing a facemask, lab coat and apron and gloves and goggles when I treat you.

Once you have had your treatment and left, I will clean down the areas of the clinic room that you have been in, and things you have touched, ready for the next person.

There will be a gap of at least 15 minutes between patients to allow for cleaning and mitigate against there being more than one patient on site at any time. Please ensure that you are at the clinic only at the appointed time.

There may be people, either or on the exclusion list or for whom during the triage process it becomes clear that I should not offer a face to face consultation. In that case, we can do telephone or Zoom remote consulting, during which we would review the symptoms, and either refer into the NHS/private physio or try exercises and stretches in order to improve their situation. If that is you, I am truly sorry not to be able to offer my usual level of service, and be assured, I wish it were otherwise.

Payment, will now need to be via BACS, unless absolutely necessary, in which case I will accept cash

October 2020.

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